## THREE RIVERS CONFERENCE OPERATING RULES



## Table of Contents

## Article I. Membership and Organization 2

Article II. General Rules 3

Article III. Sportsmanship 4

Article IV. Safety 5

Article V. All-Star Games 6

Article VI. Cross Country - Boys and Girls 6

Article VII. Boys and Girls Soccer 7

Article VIII. Girls Volleyball 7

Article IX. Boys and Girls Basketball 8

Article X. Wrestling 10

Article XI. Dance 11

Article XII. Baseball 12

Article XIII. Softball 13

Article XIV. Boys and Girls Golf 14

Article XV. Boys and Girls Track and Field 15

Article XVI. Music 17

Article XVII. Speech 20

Article XVIII. One Act Play 21

Article XIX. Athletic All-Conference Procedures 21

Article XX. Academic All-Conference 23

Article XXI. Academic Gold Card 24

## Article I. Membership and Organization

Section 1.01 The membership of the Three Rivers Conference consists of the following schools: Caledonia, Chatfield, Cotter, Dover-Eyota, Fillmore Central, LaCrescent-Hokah, Lewiston-Altura, Plainview-Elgin-Millville (PEM), Rushford-Peterson, St. Charles, and Wabasha-Kellogg.

Section 1.02 Annual membership dues are $\$ 1000$ for full-time members and $\$ 125$ per activity for part-time members.

Section 1.03 Each member school shall be represented by its superintendent of schools at the Three Rivers Conference Governing Board meetings. The Governing Board has the authority to change the operating rules with an affirmative vote of 7 of the 11 Governing Board members.

Section 1.04 Any conference activities director who is retiring from service as an activities director and has a total of at least 10 years of service will be honored by the conference. Total years of activities director service at any school will be counted toward the 10 year requirement.

Section 1.05 For activities and sports, where it is deemed appropriate, East and West Divisions will exist. The East Division will include Caledonia, Cotter, Fillmore Central, Lewiston-Altura, LaCrescent-Hokah, and Rushford-Peterson. The West Division will include Chatfield, Dover-Eyota, Plainview-Elgin-Millville, St. Charles, Wabasha-Kellogg. Schools are not bound to schedule junior high and ninth grade games and events with conference schools or follow the conference schedule.

Section 1.06 In a cooperative venture between a conference school and a non-member school, application by the co-op must be made to the Governing Board for inclusion into the conference schedule. Once the co-op is approved, it will be eligible for any conference events that apply to that activity and for all awards given to teams and participants. If the non-member school is the host school of the cooperative venture and belongs to another conference, the non-member's home conference must not offer the activity as a conference activity.

Section 1.07 The Conference no longer holds an annual meeting in September. If an activity wishes to recommend any changes, the coaches/directors will meet and present a change proposal form to the Conference Director. When changes to the handbook are approved they will be implemented at a time determined by the Governing Board. When it is feasible to do so, the Board would consider implementing the change during the current school year. It should not be an automatic assumption that a change will always occur during the current year.

Section 1.08 When the champion for an athletic activity is determined by performance over the course of a regular season, only the games on the regular conference schedule will count as conference games toward the championship. This will include any original conference games that are rescheduled.

## Article II. General Rules

Section 2.01 All conference contests shall be governed by the rules of the Minnesota State High School League and National Federation Rules other than exceptions outlined in this handbook.

Section 2.02 Each member school is expected to maintain and provide full roster information for all contests between member schools.

Section 2.03 Member schools may reschedule conference games by mutual agreement.

Section 2.04 Conference Scheduling Priority -In keeping with the purpose of being a member of the Three Rivers Conference, all conference scheduled contests, especially the high school level teams, should take precedence. If a significant circumstance beyond a school's control should arise that would force a team to be unable to compete at a specific team level, information must be communicated with opposing schools at the earliest possible time. If adjustments in schedules are necessary to accommodate pending conflicts, schools must mutually agree upon a favorable solution for both schools.

Section 2.05 To be sponsored as a Three Rivers Conference activity, four or more conference teams must participate. If an activity has been a conference activity, but the number of teams drops below four, the remaining teams will be allowed to use the Three Rivers Conference name to host a tournament paid by the participating teams.

Section 2.06 At the junior high level, the eighth grade team will play first.

Section 2.07 Sixth grade students are not allowed to participate on any teams in any conference competition.

Section 2.08 The JV team should be reserved for players who are in 11th grade and below. Seniors may participate in JV contests if needed to field teams and if mutually agreed upon between the competing teams' coaches.

## Section 2.09 Admission Fees

(a) \$6.00 Adults $\$ 4.00$ Students and Senior Citizens
(b) Schools may allow Senior Citizens in for free if they choose to do so locally
(c) Admission will be charged for all indoor events for the $9^{\text {th }}$, JV, and Varsity levels.
(d) Admission for the junior high track meet will be \$4.00 Adults $\$ 2.00$ Students

Section 2.10 Mileage for judges, clinicians, and adjudicators is the federal rate. (10-22)

Section 2.11 Foreign Exchange Students may be allowed to participate at any high school level that fits their ability/experience regardless of their grade level. This would be by mutual agreement with each competing school. This applies to all competitive activities.

## Article III. Sportsmanship

## Section 3.01 Code

(a) The Three Rivers Conference Schools join together in requesting that all people attending games follow a code of ethical sportsmanship. This would include appreciation for the rules of the contest and respect for officials and opponents. Excellence in sportsmanship is the major goal of conference programs.

Section 3.02 Fundamentals of Good Sportsmanship
(a) Know, understand, and appreciate the rules of the contest
(b) Show respect for the officials. Good sportsmanship implies the willingness to accept and abide by the decisions of the officials.
(c) Show respect for the opponent at all times. Good sportsmanship is the Golden Rule.
(d) Recognize and appreciate the skills and abilities of participants as amateur in status.
(e) Good sportsmanship includes the behavior of all involved in the game.
(f) Show a positive attitude in cheering. Refrain from intimidation or negative cheering.

## Section 3.03 Responsibility of the Game Manager

(a) It is the responsibility of the game manager to confront individuals whose unsportsmanlike conduct is not acceptable at an athletic event. The game manager has the authority to remove the individual from school grounds if necessary.
(b) The game manager shall also have the authority to stop or cancel an event if the conduct of participants or fans pose a threat to the safety of others.
(i) Examples of acts that pose a threat

1) Throwing of an object onto the playing surface or in the stands
2) Behavior deemed dangerous or that which interferes with the rights of others to observe the contest
3) Possessing, consuming, or being under the influence of chemicals
4) Use of obscene or abusive language. This includes gestures or signs with inappropriate messages that are disrespectful to participants, coaches, or other fans.
5) Use of noisemakers
6) Entry onto the playing surface at any time.

## Section 3.04 Visiting School Expectations

(a) The visiting school is expected to follow the rules of the home school. This also holds true for non-conference and playoff contests.

## Article IV. Safety

Section 4.01 All schools shall have supplies available at Three Rivers Conference events for the clean up of blood-borne pathogens and other bodily fluids. The supplies shall be kept in an area that is easily accessible for both home and visiting schools. All coaches and advisors will be informed as to the location of the supplies.

Section 4.02 The Conference will reimburse host schools for the cost of having some type of personnel with medical type training, i.e. certified trainer, EMT, nurse, or other medical person at the Conference sponsored Varsity Track, Cross Country, and Dance meets. Medical personnel will also be on hand at the JV Wrestling tournament and the Junior High Track meet.

## Article V. All-Star Games

Section 5.01 It is policy that the Conference will not be involved in sponsoring any allstar athletic contests.

## Article VI. Cross Country - Boys and Girls

Section 6.01 The Conference Meet will be held on Tuesday of the week preceding the Section Meet.

Section 6.02 Race times are 4:00 PM and 4:45 PM. The Boys Varsity/Junior Varsity will be run first on odd numbered years. The Girls Varsity/Junior Varsity will be run first on even numbered years.

Section 6.03 The meet manager will be the host AD or designee from the host school.
(a) The meet manager shall arrange for scorers, timers, and others necessary for the operation of the meet to be paid for by the Three Rivers Conference.
(b) Up to 12 workers may be hired to work the meet. They will be paid $\$ 40$ each. The meet manager will receive $\$ 150$.
(c) The cost of the timing system will be paid for by the conference.

| Section 6.04 Site Rotation |  |  |
| :---: | :--- | :--- |
| 2024 Kingsland | 2028 Wabasha-Kellogg | 2032 La Crescent-Hokah |
| 2025 Lanesboro/FC | 2029 LA/RP | 2033 Chatfield |
| 2026 St. Charles | 2030 PEM | 2034 Grand Meadow |
| 2027 Cotter | 2031 Dover-Eyota | 2035 Kingsland |

## Section 6.05 Postponements

Under no circumstances shall the meet be postponed or rescheduled except in the case of inclement weather. The host school shall make the determination and call the coaches of all school regarding changes. The makeup date, if needed, will be on the next day (Wednesday) beginning at 3:30 PM.

## Section 6.06 Awards

(a) Individual - All Conference individuals shall receive a conference medal
(b) Team - A trophy shall be given to the championship teams, varsity boys and varsity girls.
(c) Ceremony - All medals and trophies shall be given out at the awards ceremony immediately following the last race. Athletes will line up for photos following the ceremony.

## Article VII. Boys and Girls Soccer

Section 7.01 Currently there are six schools with soccer. The Conference schedule will be a double round robin for a total of 10 conference games.

Section 7.02 Starting times are 5:00 for JV and 7:00 for Varsity. Both games could be at 5:00 for schools without lights.

Section 7.03 Admission shall be charged at Conference games beginning with the JV game.

## Article VIII. Girls Volleyball

Section 8.01 The conference will consist of one division. The conference schedule will include playing each team one time.

Section 8.02 Starting Times
(a) 7:15 Varsity
(b) 6:00 Junior Varsity
(c) 4:45 Ninth Grade
(d) $7^{\text {th }}$ and $8^{\text {th }}$ Grades will begin at 4:30 on two courts if teams are able. Otherwise, $8^{\text {th }}$ grade will begin at 4:30 and $7^{\text {th }}$ grade will begin at 5:30.
(e) Note: If the Ninth Grade game is over in two sets, a third set may be played as a scrimmage until 5:55.
(f) Note: If the Ninth Grade game runs past 6:05, the JV teams will be allowed at least 10 minutes of warmup time.

Section 8.03 Line Judges
(a) Varsity line judges must be two adults (not high school students). They are required to wear attire that distinguishes them as officials.

## Section 8.04 Warmup

(a) Warmup minutes will be in line with current MSHSL policy.
(b) The host team will provide warmup balls for both teams.

## Section 8.05 Awards

(a) A trophy will be awarded to the conference champion. In case of ties, a duplicate award will be made to each school.
(b) For purposes of all-conference, the libero is considered a starting position.

Section 8.06 Junior High
(a) Only $7^{\text {th }}$ and $8^{\text {th }}$ grade students may participate on junior high teams.
(b) When games are played back to back on one court, the $8^{\text {th }}$ grade will play first, followed by the $7^{\text {th }}$ grade. There is a one hour time limit for each grade. Each team should get the full one hour regardless of the number of sets played.
(c) When playing on two courts at one time, games will be 90 minutes in length.
(d) The serving line will be moved forward six feet.
(e) If a server is successful in scoring 5 consecutive points, the serving team will keep the serve, but they will rotate to the next serving position.

## Article IX. Boys and Girls Basketball

Section 9.01 Basketball is divided into two divisions (East and West). Each team will play the teams in their division two times and the teams in the opposite division one time. The games played against both divisions will count toward the Division Championship.

Section 9.02 The second and third Thursdays in December will be left open on the master Conference schedule to allow for local music concerts. Schools may use those days individually if there is not a local music conflict.

Section 9.03 Starting Times and Game Length
(a) 7:30 Varsity
(b) 6:15 Junior Varsity ( 15 minute halves, 5 minute halftime, 3 minute overtime)
(c) 5:00 Ninth Grade ( 14 minute halves, 3 minutes halftime, 2 minute overtime, second OT is sudden death)
(d) 4:30 $8^{\text {th }}$ Grade ( 14 minute halves, 3 minute halftime, 2 minute overtime)
(e) 5:30 $7^{\text {th }}$ Grade ( 14 minute halves, 3 minute halftime, 2 minute overtime)

## Section 9.04 Awards

(a) A trophy will be awarded to each Division champion. In the case of ties, a duplicate award will be made to each school.

Section 9.05 Warmup
(a) The host school will furnish warmup balls for both teams.
(b) If the ninth grade game runs long, the JV teams will be allowed 10 minutes for warmup.

## Section 9.06 Game and Level Specifics

(a) Only students in grade 11 and under are allowed to play in JV games. If mutually agreed upon by the coaches, Seniors may be used if they are needed to field a team.
(b) Only students in grade 9 and below may participate in $9^{\text {th }}$ grade games. Any ninth grade player who has played in a varsity game shall not be allowed to play in any remaining ninth grade games during the same week.

Section 9.07 Junior High Specifics
(a) Only students in $7^{\text {th }}$ and $8^{\text {th }}$ grade are allowed to play in junior high games.
(b) At least one official must be over 18 years of age.
(c) All defenses may be played in both $7^{\text {th }}$ and $8^{\text {th }}$ grades.
(d) Full court pressing is not allowed once your team reaches a lead of 10 points or more.
(e) Two timeouts are allowed per half. No carry over. One timeout per overtime.
(f) Teams may elect to play extra minutes if time allows.

## Article X. Wrestling

Section 10.01 Each team competes against each of the other teams one time. The conference will schedule triangulars and quadrangulars whenever possible. There is one overall conference champion.

Section 10.02 The second and third Thursdays in December will be left open on the master Conference schedule to allow for local music concerts. Schools may use those days individually if there is not a local music conflict.

Section 10.03 Starting Times
(a) Dual Meets 5:00 weigh-in; 6:00 JV; 7:00 Varsity
(b) For a Tri or Quad; 4:00 weigh-in; 5:00 wrestling on two mats

Section 10.04 Junior Varsity Individual Wrestling Tournament
(a) The tournament will be held the weekend before the team Section Tournament
(b) A first place medal provided by the conference will be awarded. No trophies or other awards.
(c) 8:00 AM weigh-in; 10:00 AM wrestling begins
(d) Officials must be certified and will be hired by the host school.
(e) Each school will pay a $\$ 75$ entry fee to the host school.
(f) Admission will be charged at the conference rate. The host school will pay all expenses and will keep the gate receipts.
(g) Eligibility
(i) All JV wrestlers grades 7-12 are eligible to participate
(ii) Four additional weight classes have been added: $78 \mathrm{lb} ., 88 \mathrm{lb} ., 93 \mathrm{lb} ., 98 \mathrm{lb}$.
(iii) Any wrestler having 6 or more wins (not including forfeits), is NOT considered JV.
(iv) Any wrestler who is reasonably expected to compete in the Individual Section Tournament is not considered JV.
(h) Brackets
(i) Brackets will be available to coaches prior to wrestling beginning
(ii) All varsity weight classes will be used with 2 lb . allowance. MSHSL allowance protocol will be used if anyone has a weigh-in the night before.
(i) Site Rotation

| 2023 LaCrescent-Hokah | 2027 Dover-Eyota | 2031 PEM |
| :--- | :--- | :--- |
| 2024 LaCr-Hokah (from WK) | 2028 Caledonia | 2032 FCLMC |
| 2025 GMLOS | 2029 St. Charles |  |
| 2026 Chatfield | 2030 LA/RP |  |

Section 10.05 Coaches are responsible for submitting lineups to all opponents before 8:00 AM the day of the meet.

Section 10.06 A trophy will be awarded to the champion in each division. In the case of ties, a duplicate award will be made to each school.

## Article XI. Dance

Section 11.01 The conference champion will be determined at the Three Rivers Conference Dance Meet. A champion is recognized for the categories of both Jazz and Kick.

Section 11.02 Conference Meet Rotation
2025 Dover-Eyota 2029 PEM
2026 Houston 2030 Wabasha-Kellogg
2027 St. Charles 2031 GMLOS
2028 LARP

## ** If a school hosts the Section Dance Meet and are scheduled to host the Conference Meet, they may opt out of hosting the Conference Meet in that same year.

Section 11.03 Conference Meet Hosting Information
(a) The Conference will pay for meet workers and the Conference will keep the gate receipts.
(b) Admission is the current conference rate
(c) The host school will pay all workers and submit to the Conference for reimbursement.
(i) Meet Manager \$150
(ii) Up to two ticket takers \$40 (6-23) each
(iii) Announcer \$40 (6-23)
(iv) Sound board operator \$40 (6-23)
(v) Sound System Rental - Up to \$750 may be allowed for sound system rental to include the cost of the operator. If the cost is greater than that, the host should request an increase ahead of time. (10-23)

Article XII. Baseball

Section 12.01 Baseball is divided into two divisions (East and West). Each team will play the teams in their division two times and the teams in the opposite division one time. The games played against both divisions will count toward the Division Championship.

Section 12.02 Conference games are scheduled to start at 5:00 for both Varsity and JV. Varsity and JV games are scheduled at opposites on the same night. Teams may agree to adjust starting times or sites as the necessity arises.

Section 12.03 The JV team will be made up of $11^{\text {th }}$ grade students and younger. Seniors may be allowed to play if mutually agreed upon. JV games should have a certified umpire if one is available.

Section 12.04 A trophy will be awarded to each Division champion. In case of ties, a duplicate award will be made to each school.

Section 12.05 Junior High
(a) Game times: 4:30 $8^{\text {th }}$ grade; 6:00 $7^{\text {th }}$ grade
(b) Eighth grade students may be allowed to play in $7^{\text {th }}$ grade games, at certain positions, by mutual agreement.
(c) Bases are 75 feet Pitcher's mound is 55 feet
(d) Junior High games play high school rules with the exception of the base and mound distances.
(e) Games are scheduled for 5 innings with a 90 minute time limit. All innings started should be completed.
(f) A team may score a maximum of 6 runs per inning.
(g) The home team must be off the field no later than 4:15. The visiting team will be allowed time to take pregame infield if time allows.

## Article XIII. Softball

Section 13.01 Softball is divided into two divisions (East and West). Each team will play the teams in their division two times and the teams in the opposite division one time. The games played against both divisions will count toward the Division Championship.

Section 13.02 Conference games are scheduled to start at 5:00 for both JV and Varsity at the same site on adjacent fields. In the event that a team cannot play both JV and Varsity at the same time, game times will be 4:30 Varsity and 6:00 JV.

Section 13.03 The JV team will be made up of $11^{\text {th }}$ grade students and younger. Seniors may be allowed to play if mutually agreed upon. JV games should have a certified umpire if one is available.

Section 13.04 A trophy will be awarded to each Division champion. In case of ties, a duplicate award will be made to each school.

Section 13.05 Junior High
(a) Game times: 4:45 $8^{\text {th }}$ grade; 6:00 $7^{\text {th }}$ grade. If the varsity game is starting at 4:30 on a given night, the $8^{\text {th }}$ grade game will begin at 4:30 and the $7^{\text {th }}$ grade game at 5:45.
(b) Eighth grade students may be allowed to play in $7^{\text {th }}$ grade games, at certain positions, by mutual agreement.
(c) Games are scheduled for 5 innings with a 75 minute time limit. All innings started should be completed.
(d) Junior High pitching distance is 40 feet
(e) A maximum of 4 runs can be scored in any one inning.
(f) A team may play with 10 players in the field and batting order. A team may also choose to bat the entire lineup. The original batting order will be maintained throughout the game.
(g) Regular pitching will be used in $7^{\text {th }}$ grade games. Soft toss will no longer be used.

## Article XIV. Boys and Girls Golf

Section 14.01 Golf is divided into two divisions (East and West). Teams play a double round robin within their division (home and away). The Division champion is determined by the best dual meet record. Teams may schedule meets with the opposite division, but those will not be considered conference contests. The Conference golf meet is a stand alone event, it is not used to determine the Conference Champions.

## Section 14.02 Competition

(a) Dual meets begin when teams arrive at the course and are ready to play.
(b) Dual meets consist of 9 holes. Boys and girls are scheduled at the same course on the same day. This can be adjusted by the teams if course availability becomes an issue.
(c) The Conference holds an 18 hole conference golf meet. The date is near the end of the season and will be scheduled annually based on course availability. The start time will be 12:00 PM. Each school is responsible for paying green fees for their players.
(d) The meet manager for the conference golf meet will be paid $\$ 150$.
(e) The Conference holds a 9 hole conference meet near the end of the season. The date and course is determined based on availability.

## Section 14.03 Awards

(a) The conference champion will be the team with the best won-loss record within the division dual meets. A trophy will be awarded to each Division champion. In the case of ties, a duplicate award will be made to each school.
(b) All-Conference golfers are chosen by stroke averages. In the case of and end-of-season point total tie between golfers, their individual scores in the Conference tournament will be used as a tiebreaker for determining All-Conference. A golfer must play in at last 2/3 of the Conference varsity matches in order to be eligible for All-Conference recognition.

## Article XV. Boys and Girls Track and Field

Section 15.01 The Conference Meet shall be held the Saturday of the week prior to the State True Team Meet. Meets shall be held on all-weather tracks. There will be no prelims in the Conference meet and teams are limited to three participants per event.

Section 15.02 Conference Meet Details
(a) 8:00 AM coaches meeting; 9:00 AM Field Events begin; 10:00 AM Running Events begin.
(b) Host school will make the arrangements for meet workers.
(i) Meet Manager \$150
(ii) Meet Worker (pay up to 37 workers) \$40 (6-23)
(iii) The Conference will reimburse the host school for the timing system if applicable.
(c) Admission will be charged at the current Conference rate
(d) The Conference shall receive the gate receipts and reimburse the host for the cost of workers.

Section 15.03 Should a postponement be necessary, the make up date will be Monday of the following week. In that instance, pole vault and high jump will begin at 3:30 PM, running events will begin at 4:30 PM.

## Section 15.04 Awards

A Conference Championship trophy will be awarded to the winning team (boys and girls) at the conference meet. Individual medals will be given to the winners of each event. Ribbons will be awarded for second through sixth place.

Section 15.05 Ways to earn All-Conference honors:
(a) Winning an event at the Conference meet.
(b) Breaking a Conference record at the Conference meet.
(c) Earning a total of 14 points at the Conference meet.
(i) $1^{\text {st }}$ place $=12$ points
(ii) $2^{\text {nd }}$ place $=10$ points
(iii) $3^{\text {rd }}$ place $=8$ points
(iv) $4^{\text {th }}$ place $=6$ points
(v) $5^{\text {th }}$ place $=5$ points
(vi) $6^{\text {th }}$ place $=4$ points
(vii) $7^{\text {th }}$ place $=3$ points
(viii) $8^{\text {th }}$ place $=2$ points
(ix) $9^{\text {th }}$ place $=1$ points
(d) If an athlete earns All-Conference honors via "a" or " b " above, he/she will not receive an additional medal for having earned 14 points.

Section 15.06 Varsity Meet Hosting Rotation

| 2027 Wabasha-Kellogg | 2031 Caledonia |
| :--- | :--- |
| 2028 Rushford-Peterson | 2032 Dover-Eyota |
| 2029 Cotter |  |
| 2030 LaCrescent-Hokah |  |

Section 15.07 Junior High Meet
(a) Limit of 2 participants from each team per event, and 1 relay team.
(b) There will be a 7-8 Division and an 8-9 Division
(c) Girls will use the same size shot and discus as the high school
(d) Boys in the $7-8$ group will use the 1 kg discus and 4 kg shot
(e) Boys in the 8-9 group will use the same size discus and shot as high school
(f) Both Shot and Discus will follow the $3+3$ format. This consists of 3 prelim throws and the top 10 will get three additional throws in the finals.
(g) Long Jump/Triple Jump will also follow the $3+3$ format.
(h) Hurdle Events
(i) 7/8 Boys 200 Hurdles - $30^{\prime \prime}$ height; 100 Hurdles - $33^{\prime \prime}$ height
(ii) $8 / 9$ Boys 300 Hurdles - $36^{\prime \prime}$ height; 110 Hurdles - $39^{\prime \prime}$ height
(iii) 7/8 Girls 200 Hurdles - $30^{\prime \prime}$ height; 100 Hurdles - $30^{\prime \prime}$ height
(iv) $8 / 9$ Girls 300 Hurdles - $30^{\prime \prime}$ height; 100 Hurdles - $33^{\prime \prime}$ height

Section 15.08 Junior High Meet Events

| Shot Put | 100 meter low hurdles - girls | 400 meter |
| :--- | :--- | :--- |
| Pole Vault | 110 intermediate hurdles - boys | 800 meter |
| High Jump | 100 meter | 1600 meter |
| Discus | 200 meter low hurdles (7/8 only) | $4 \times 100$ relay |
| Long Jump | 300 meter low hurdles (8/9 only) | $4 \times 200$ relay |
| Triple Jump | 200 meter | $4 \times 400$ relay |

Section 15.09 The Junior High Conference Meet will be held on Tuesday after the Varsity meet. The Junior High meet make-up date will be the following Thursday. Field events will begin at 4:15 and Running events at 4:45.

Section 15.10 Junior High Hosting Rotation

| 2023 Caledonia | 2027 Lewiston-Altura | 2031 Dover-Eyota |
| :--- | :--- | :--- |
| 2024 Chatfield | 2028 St. Charles | 2032 La Crescent-Hokah |
| 2025 Wabasha-Kellogg | 2029 Rushford-Peterson |  |
| 2026 Cotter | 2030 PEM |  |

Section 15.11 Awards and Admission
(a) Ribbons will be awarded to those who finish in the top six places
(b) Admission will be $\$ 4.00$ for Adults and $\$ 2.00$ for Students (6-23)
(c) The host school will keep all gate receipts and pay for all workers
(d) The Conference will provide the award ribbons.

## Article XVI. Music

Section 16.01 The All-Conference concert is an evening concert performed by an AllConference chorus and band consisting of selected students from the Conference Schools. Students are selected to be in chorus or band, but no individual may participate in both. The site of the concert is to be rotated yearly as indicated in the adopted rotation schedule. The band and chorus are to be directed by guest conductors.

Section 16.02 The purpose of the All-Conference concert is an opportunity for the more talented and developed musicians of each Conference school to get together and perform in an organization made up of students of their own level of ability and accomplishment. The music selected should be of such quality that it will provide an attainable challenge, a stimulating rehearsal situation and rewarding musical experience through its masterful performance. It should also be kept in mind that our working together in Conference groups for a common goal of musical excellence should be utilized as a situation to foster good relations between student bodies of the Conference schools.

## Section 16.03 Policies and Procedures

(a) Band: A maximum of 8 students times the number of schools is allowed for the band size. All schools should be represented, but there is no set number per school.
(b) Chorus: A maximum of 10 students times the number of schools is allowed for the choir size. All schools should be represented, but there is no set number per school.

Section 16.04 Performance and Rehearsal Times and Dates
(a) Both band and chorus will have all rehearsals and the performance on either the first or second Monday in November. The host school must notify the other schools of the date at least one year in advance of the concert. The rehearsals will occur during the day with a performance in the evening. The concert shall start at 7:00 PM.
(b) Participating directors from each school must attend all rehearsals and the concert.

Section 16.05 Selection of Music
(a) Music is selected by the directors, also taking into consideration one suggested number by the guest conductor. The participating high school directors shall have the music list by September $1^{\text {st }}$. An effort shall be made to include a variety of music in both choral and instrumental selections.

## Section 16.06 Music Commissioning

(a) A piece of music will be commissioned every year beginning in 2015; starting with band and then alternating years with chorus. This will be an original piece composed for the Three Rivers Conference. Each member school will equally share the cost of paying the composer of the piece. Each school will receive a copy of the piece.

Section 16.07 Dress Code
(a) Choir members should wear dark dress pants, dark socks, and dark dress shoes under their robes.

Section 16.08 Site Rotation

|  | 2026 La Crescent-Hokah | 2030 Rushford-Peterson |
| :--- | :--- | :--- |
| 2023 St. Charles | 2027 Dover-Eyota | 2031 Caledonia |
| 2024 Chatfield | 2028 Fillmore Central | 2032 Lewiston-Altura |
| 2025 Wabasha-Kellogg | 2029 PEM |  |

Section 16.09 Concert Management
(a) The host school will provide publicity and ticket sellers. Conference music admission fees will be $\$ 6.00$ for Adults and $\$ 4.00$ for Students and Senior Citizens.
(b) The Conference shall receive the gate receipts from the Conference concert.
(c) Workers stipend
(i) Ticket taker \$40 (6-23)
(ii) Pianist Fee $\$ 250$
(iii) Host band director (manager fee) \$150
(iv) Host choir director (manager fee) \$150
(d) A homeroom shall be provided for each school during the day and after school hours on the day of the concert.

## Section 16.10 Awards

(a) An All-Conference Music Medal will be provided to the individuals selected for the band and choir concert. Up to eight medals per school will be allowed for band and up to 10 medals allowed per school for chorus. Awards will be distributed by the host school on concert night.

Section 16.11 Composer and Guest Conductor
(a) The host school shall hire the conductors
(b) The Conference directors shall compile a list of conductors at the Conference Annual meeting in September. At the Honors Festival in November a list of five names in order of preference for each band and chorus shall be presented for the following year along with the music selected. The potential guest conductors should be contacted and hired this same November for the following year.
(c) The composer fee is $\$ 3250$ for the commissioned piece. In addition, the composer will receive the Conference rate as a guest conductor at the Festival.
(d) The guest conductor/clinicians will be paid $\$ 500$ plus mileage at the federal rate.
(e) A stipend of $\$ 100$ will be paid for a night of lodging if the conductor lives at least 120 miles from the performance site. Schools should make a reasonable attempt to hire a conductor within the 120 mile distance.

## Article XVII. Speech

## Section 17.01 Tournament Management

(a) The Conference Speech tournament will be held the third Thursday in March and will be held after school through the evening.
(b) Each school is limited to four participants in each division.
(c) The host site will remain the host for a period of four years.
(i) Fillmore Central is scheduled to host in 2023, 2024, 2025, and 2026
(d) The speech coaches will determine the next host at least one year in advance of the change.
(e) Certified judges will be hired and paid at the current rate.
(f) Each school will pay $\$ 15$ per individual entry.
(g) Each school will pay a base fee of $\$ 25$. This is intended to cover the cost of food for the judges.
(h) Contest Salaries
(i) Manager \$150
(ii) Assistant Manager $\$ 40$
(iii) Tabulator $\$ 40$
(i) The team champion will receive a trophy
(j) Individuals are awarded for a top six finish. The champion receives a medal, places 2-5 receive a ribbon.

## Article XVIII. One Act Play

## Section 18.01 Tournament Management

(a) The Contest will be held the week before the Sub-Section contest.
(b) A trophy is awarded to the championship troupe.
(c) There are no admission fees charged for the One Act Play Contest.
(d) Fees for workers
(i) Meet Manager \$150
(ii) Stage Manager \$50
(iii) Sound/Light Technician \$50
(iv) Certified judges (3) hired at the current rate at the time of the contest.

## Section 18.02 Conference Alignment

(a) If there are nine or fewer teams in a given year, there will be one contest held at Wabasha-Kellogg
(b) If there are 10 or more teams in a given year, there will be two contests. WabashaKellogg will be one host. The second host site will rotate between Caledonia and Rushford-Peterson.
(c) Teams shall notify the Executive Secretary and Wabasha-Kellogg of their intent to participate. The notification should happen by December $1^{\text {st }}$.

## Article XIX. Athletic All-Conference Procedures

Section 19.01 Each sport is responsible for coordinating the selection process for their sport. A coach will be selected to be the person in charge of organizing the selection. There will be differences in methods, but the following are expected to be followed per conference policy.
(a) All-Conference teams are chosen based on the entire conference. There is no separation by divisions when it comes to all-conference selections. This is true for sports that have one champion and those that are divided into two divisions.
(b) Sports may choose to meet face to face or select via email or other remote options.
(c) The process should be such that no coach directly votes for their own player. Coaches will nominate their own players for selection.
(d) No student will be excluded from the selection process based solely upon the lack of representation by their coach at the all-conference meeting.
(e) Each sport is limited to the number of selections allowed for their sport. They do NOT get an additional spot in the event of a tie vote for the last position. Coaches must determine a way to break the tie prior to announcing the all-conference team.

Section 19.02 Certain Sport Specific Items
(a) Golf - The number of all-conference selections will be two times the number of teams plus one. Selections will be determined by all-conference differential compared to MGA course rating. Stroke averages for players will also be used as part of all-conference selection. A golfer must have competed in $2 / 3$ of the Conference matches in order to qualify for all-conference recognition. In case of an end-of-season point total tie between golfers, their individual scores in the Conference tournament will be used as the tie-breaker for determining all-conference.
(b) Track All-Conference is determined at the Conference Meet
(i) Winning an event
(ii) Breaking a Conference record at the Conference meet
(iii) Earning a total of 14 points at the Conference meet. Point values will be $1^{\text {st }}-12,2^{\text {nd }}-10,3^{\text {rd }}-8,4^{\text {th }}$ $6,5^{\text {th }}-5,6^{\text {th }}-4,7^{\text {th }}-3,8^{\text {th }}-2,9^{\text {th }}-1$.
(iv) If an athlete has earned All-Conference honors via ii or iii above, they will not receive an additional medal for having earned 14 points.
(c) Cross Country - The top 21 runners at the Conference Meet will be named AllConference.

| Section 19.03 Number of All-Conference Selections Per Sport |  |  |
| :--- | :--- | :--- |
| Sport | $\underline{\text { Teams }}$ | $\underline{\text { All-Conference }}$ |
| Cross Country (B/G) | 11 | 21 |
| Volleyball | 11 | 22 |
| Soccer (B/G) | 6 | 18 |
| Wrestling | 10 | 36 |
| Basketball (B/G) | 13 | 18 |
| Dance |  | 27 total (includes Kick and Jazz) |
| Baseball | 11 | 32 |
| Softball | 11 | 32 |
| Track |  | Event champions and Point qualifiers |
| Golf (B/G) |  | $2 \times$ number of teams + 1 |
| Speech |  | 26 |

## Article XX. Academic All-Conference

Section 20.01 Each school is responsible for awarding Academic All-Conference

Section 20.02 Letter grades for grade point average will be determined as the following:
(a) $A=4.0 \quad A-=3.67 \quad B+=3.33 \quad B=3.0 \quad B-=2.67 \quad C+=2.33 \quad C=1.67$

Section 20.03 In order to qualify a student may either have a 3.5 GPA figured for the end of the quarter when their contest season is completed (no grade below a C-) or they can qualify with a 3.5 cumulative GPA for their high school career up until that time and including that quarter. All students must be in good standing with their activity.

Section 20.04 Specific Activity Qualifications
(a) Athletic
(i) Must be a letter winner
(ii) Fall sports quarter 1 grades, Winter sports quarter 2 grades, Spring sports quarter 3 grades
(b) Music
(i) Superior rating in either solo or ensemble at their respective sub-section small group music contest.
(ii) Based on quarter 3 grades
(c) Speech
(i) Participate in the Conference Meet
(ii) Based on quarter 3 grades
(d) One Act Play
(i) Member of the 20 person cast
(ii) Must have participated in the Conference contest and all Section 1A sanctioned contests.
(iii) No MSHSL violations during the OAP season (first rehearsal thru the final performance)
(iv) Based on quarter 2 grades

## Article XXI. Academic Gold Card

Section 21.01 All Three Rivers Conference schools will participate in the Academic Gold Card Program
(a) Students earn a gold card for a school year if they were named to the Straight A honor roll at their school in either semester the previous school year.
(b) Gold Cards are handed out in August for the upcoming school year.
(c) Gold Cards should be issued by the schools with a photo ID on the card.
(d) Students with a Gold Card are allowed free entry into all Three Rivers Conference regular season events, home and away.

